

# *Raymond Terrace Athletics Centre*

## *Newsletter 11 20 December, 2025*

[www.raymondterraceathletics.com.au](http://www.raymondterraceathletics.com.au)

Cancellation No: 4983 1407 and RTAC facebook page

**TODAY IS PROGRAM 5 AND OUR LAST MEET FOR 2025 – WE RETURN ON 17 JANUARY, 2026**

### **THIS MORNING A TICKET WILL BE HANDED OUT FOR EACH ATHLETE**

This ticket is to redeem a free ice cup and some watermelon before they head home.

### **WE HOPE TO DRAW THE \$50 CLUB TODAY**

If we can sell today the couple of numbers that are left, we'll be able to draw the winner. A great addition for Christmas.

### **WE HAVE HIGH JUMP / LONG JUMP MARKERS, SPIKE SPANNERS AND PACKETS OF SPIKES**

These are great stocking fillers and something a bit different for your athlete who enjoys throws and jumps. The markers are just \$3 each, there are a limited number of quality spike spanners for \$15.

### **AN EXPLOSIVE SPEED CLINIC FOR 7'S TO 16'S WITH MELINDA GAINSFORD-TAYLOR CONFIRMED!**

It will take place on the morning of Sunday 8 February. Online Registration details will be forwarded soon and we'll put it onto our facebook and website.

Melinda is a former 3-time Olympic sprint champion who we were fortunate to have visit us a few years ago. Cost will be \$77 per athlete. The clinic will go from 9:30 to 12 noon. Minimum number is 25 athletes and maximum is 45. More details very soon.

### **CHRISTMAS RAFFLE PRIZE PROVIDERS**

We are very grateful to the following local businesses who have generously provided these great prizes We have already started collecting for our Presentation Day raffle prizes in April.

We encourage you to support these businesses whenever you are able. **Our 1st prize is a \$216 voucher at Treetops Adventure, Central Coast.** Other great prizes donated by **Raymond Terrace Pool, Blooms Pharmacy, Bunnings, Donut Oz, Terrace 10 Pin, Aussie Pizza, Terrace Meats, Bakers Delight,**

**Tickets are \$1 each.**

*WE WISH EVERYONE A VERY HAPPY CHRISTMAS AND HEALTHY NEW YEAR*

# *Raymond Terrace Bowling Club*

Proud to be supporting Raymond Terrace Athletics Centre